

# WEEKLY MENU

**WEEK 1**  
**WEEK 2**  
**WEEK 3**

**MONDAY**
**TUESDAY**
**WEDNESDAY**
**THURSDAY**
**FRIDAY**
**THEME DAYS**
**MAIN**

**SPAGHETTI BEEF  
BOLOGNESE  
(G/W)**
**PEPPERONI PIZZA  
(MK, G/W)**
**ROAST GAMMON &  
GRAVY**
**MAKHANI CHICKEN  
CURRY  
(MK, G/W\*)**
**FISH FINGERS &  
CHIPS  
(F, G/W)**
**VEGGIE**

**VEGETABLE  
BOLOGNESE WITH  
SPAGHETTI  
(G/W)  
V**
**MARGHERITA PIZZA  
(MK, G/W)**
**CHEESE & TOMATO  
PASTY  
(E, MK, G/W)**
**MAKHANI VEGETABLE  
CURRY  
(MK, G/W\*)**
**VEGAN NUGGETS &  
CHIPS  
(G/W)  
V**
**SIDES**

**GARLIC BREAD &  
GREEN SALAD  
(MK\*, SO\*, G/W)**
**SEASONED POTATO  
WEDGES & BAKED  
BEANS  
(G/W)**
**RUSTIC ROAST POTATOES  
& MEDLEY OF SEASONAL  
VEGETABLES  
S**
**GREEN BEANS &  
CAULIFLOWER  
S**
**BEANS OR  
PEAS**
**SPECIALS**

**SAVOURY RICE  
POT  
(CE) V**
**TUNA PASTA  
(E, F, G/W)**
**VEGETABLE RICE POT  
(CE)  
V**
**TOMATO & BASIL  
PASTA  
(CE, G/W) V**
**NUT FREE PESTO  
PASTA  
(MK, G/W)**
**JACKET POTATOES FOR PRE-ORDER BY 8:30AM – FILLINGS: CHEESE (MK), BEANS OR TUNA MAYO (E, F)**
**PUD**

**CHOCOLATE CAKE &  
CHOCOLATE SAUCE  
(E, MK, SO\*, G/W)**
**ICED VANILLA  
SPONGE  
(E, MK, SO\*, G/W)**
**HONEY & RAISIN  
FLAPJACK  
(G/B\*, O, W\*)**
**STRAWBERRY MOUSSE  
(MK)**
**CHOCOLATE CHIP  
COOKIE  
(E, MK, SO, G/W)**
**JACKET POTATO | DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT | SELECTION OF COLD DESSERT POTS**

**JANUARY 2025**

**FEBRUARY 2025**

**MARCH 2025**

**APRIL 2025**
**DATES**
**6TH JAN / 27TH JAN / 24TH  
FEB / 17TH MAR**
**ALLERGENS**
**CE – CELERY F – FISH G/O – OATS L – LUPIN MU – MUSTARD SO – SOYA  
CR – CRUSTACEAN G – GLUTEN G/R – RYE MK – MILK N – NUTS SU – SULPHUR V – VEGAN  
E – EGGS G/B – BARLEY G/W – WHEAT NO – NOLLUSCS P – PEANUTS SE – SESAME SEEDS S – SEASONAL VEG**

# WEEKLY MENU

WEEK 1  
WEEK 2  
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



CHILLI CON CARNE

CHICKEN & TOMATO  
BASIL PASTA  
(CE, G/W)

BEEF BURGER &  
HOMEMADE POTATO  
WEDGES  
(SE\*, SO, SU, G/W)

CHINESE CHICKEN  
NOODLES  
(E, SO, W)

BATTERED FISH &  
CHIPS  
(F, G/W)

VEGGIE

VEGGIE BEAN CHILLI



MAC & CHEESE  
(MK, G/W)

VEGETABLE BURGER  
& HOMEMADE  
POTATO WEDGES  
(SE\*, G/W)



CHINESE VEGETABLE  
NOODLES  
(E, SO, W)



SPINACH & FETA  
PARCEL  
(E, MK, G/W)

SIDES



STEAMED RICE &  
SWEETCORN

GARLIC BREAD &  
GREEN SALAD  
(MK\*, SO\*, G/W)

BAKED BEANS OR  
COLESLAW  
(E)

STIR FRIED GREENS



BEANS OR  
PEAS

SPECIALS

CHEESY PASTA  
POT  
(MK, G/W)

VEGETABLE RICE POT  
(CE)



NUT FREE PESTO  
PASTA  
(MK, G/W)

SAVOURY RICE POT  
(CE)



TUNA PASTA  
(E, F, G/W)

JACKET POTATOES FOR PRE-ORDER BY 8:30AM – FILLINGS: CHEESE (MK), BEANS OR TUNA MAYO (E, F)

PUD



CARROT CAKE  
(B\*, E, MK, O\*, W)

LEMON DRIZZLE  
CAKE  
(E, MK, SO\*, SU, G/W)

CHOCOLATE  
SHORTBREAD  
(G/W)

CHOCOLATE & ORANGE  
BROWNIE  
(E, MK, SO, G/B\*, W)

FRUIT JELLY

JACKET POTATO | DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT | SELECTION OF COLD DESSERT POTS



JANUARY 2025



FEBRUARY 2025



MARCH 2025



APRIL 2025

DATES

13TH JAN / 3RD FEB / 3RD  
MAR / 24TH MAR

ALLERGENS

CE – CELERY  
CR – CRUSTACEAN  
E – EGGS

F – FISH  
G – GLUTEN  
G/B – BARLEY

G/O – OATS  
G/R – RYE  
G/W – WHEAT

L – LUPIN  
MK – MILK  
MO – MOLLUSCS

MU – MUSTARD  
N – NUTS  
P – PEANUTS

SO – SOYA  
SU – SULPHUR  
SE – SESAME SEEDS

\* – MAY CONTAIN  
V – VEGAN  
S – SEASONAL VEG

# WEEKLY MENU

WEEK 1  
WEEK 2  
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



CHICKEN FAJITAS  
(G/W)

BEEF LASAGNE  
(E, MK, SO\*, G/W)

ROAST CHICKEN &  
GRAVY

MOROCCAN  
MEATBALLS & RICE  
(SO, SU, G/B\*, O\*, R\*, W)

FISH FINGERS &  
CHIPS  
(F, G/W)

VEGGIE



VEGETABLE & BEAN  
FAJITA  
(CE, MU, G/B\*, O\*, R\*,  
W)  
V

ROASTED  
VEGETABLE  
LASAGNE  
(E\*, MK, G/W)

CHEESE WHIRLS  
(MK, W)

ROASTED QUORN &  
VEGETABLES WITH  
TOMATO SAUCE & RICE  
(CE, E)

VEGGIE SAUSAGE  
ROLL & CHIPS  
(MK\*, SO, G/B, W)

SIDES



RICE & SWEETCORN

GARLIC BREAD &  
GREEN SALAD  
(MK\*, SO\*, G/W)

RUSTIC ROAST  
POTATOES & SEASONAL  
VEGETABLES  
S

SEASONAL  
VEGETABLES  
S

BEANS OR  
PEAS

SPECIALS



TUNA PASTA  
(E, F, G/W)

SAVOURY RICE  
POT  
(CE) V

NUT FREE PESTO  
PASTA  
(MK, G/W)

CHEESE & TOMATO  
PASTA  
(MK, G/W)

VEGETABLE RICE POT  
(CE)  
V

JACKET POTATOES FOR PRE-ORDER BY 8:30AM – FILLINGS: CHEESE (MK), BEANS OR TUNA MAYO (E, F)

PUD



CARAMEL APPLE  
CRUMBLE & CUSTARD  
(MK, G/W)

RICE KRISPIE CAKE  
(E, MK, SO, G/B, W)

VANILLA  
SHORTBREAD  
BISCUIT  
(G/W)

JAM SPONGE &  
CUSTARD  
(E, MK, SO\*, W)

ICE CREAM  
(MK)

JACKET POTATO | DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT | SELECTION OF COLD DESSERT POTS



DATES

20TH JAN / 10TH FEB / 10TH  
MAR / 31ST MAR

ALLERGENS

CE – CELERY  
CR – CRUSTACEAN  
E – EGGS

F – FISH  
G – GLUTEN  
G/B – BARLEY

G/O – OATS  
G/R – RYE  
G/W – WHEAT

L – LUPIN  
MK – MILK  
NO – MOLLUSCS

MU – MUSTARD  
N – NUTS  
P – PEANUTS

SO – SOYA  
SU – SULPHUR  
SE – SESAME SEEDS

\* – MAY CONTAIN  
V – VEGAN  
S – SEASONAL VEG