

# WEEKLY MENU

WEEK 1  
WEEK 2  
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN

Chicken Curry

Beef Burger  
(SE\*, SO, SU, G/W)

Roast Chicken & Gravy

Spaghetti Beef & Lentil  
Bolognese  
(G/B\*, W)

Fish Fingers & Chips  
(F, G/W)

VEGGIE

Quorn & Vegetable  
Curry  
(E)

Vegetable Burger  
(SE\*, G/W)  
V

Roasted Root  
Vegetable Pie & Gravy  
(CE, G/W)  
V

Tomato & Basil  
Gnocchi  
(CE, E\*, MK, MU\*,  
SO\*, G/W)

Vegan Nuggets & Chips  
(G/W)  
V

SIDES

Steamed Rice &  
Stir Fried Greens

Homemade Potato  
Wedges & Green Salad

Rustic Roast Potatoes  
with Roast Carrots &  
Parsnips  
S

Mixed Green Salad &  
Sweetcorn

Beans or Peas  
S

SPECIALS

Tomato & Basil Pasta  
(CE, G/W)

Jacket Potatoes for pre-order by 8:30am - Fillings: Cheese (MK), Beans or Tuna Mayo (E, F)

PUD

Banana Cake with  
Custard  
(E, MK, SO\*, G/W)

Orange & Berry Cake  
(E, MK, SO\*, G/W)

Apple Crumble with  
Custard  
(MK, G/W)

Homemade Chocolate  
Cookie  
(E, MK, SO\*, G/W)

Ice Cream  
(MK)

Daily Salad Bar | Homemade Bread | Fresh Fruit

DATES

5 JAN / 26 JAN / 23  
FEB / 16 MAR

ALLERGENS

CE = CELERY  
CR = CRUSTACEAN  
E = EGGS

F = FISH  
G = GLUTEN  
G/B = BARLEY

G/O = OATS  
G/R = RYE  
G/W = WHEAT

L = LUPIN  
MK = MILK  
MO = MOLLUSCS

MU = MUSTARD  
N = NUTS  
P = PEANUTS

SO = SOYA  
SU = SULPHUR  
SE = SESAME SEEDS

\* = MAY CONTAIN  
V = VEGAN  
S = SEASONAL VEG



# WEEKLY MENU

WEEK 1  
WEEK 2  
WEEK 3



## MAIN

Beef & Lentil Lasagne  
(E\*, MK, G/B\*, W)

## TUESDAY

Butter Chicken Curry  
(G/B\*, O\*, R\*, W\*)

## WEDNESDAY

Butcher's Sausage with  
Mashed Potato & Gravy  
(MK, SO, SU, G/W)

## THURSDAY

BBQ Chicken Pizza  
(MK, G/W)

## FRIDAY

Battered Fish & Chips  
(F, G/B\*, W)

## VEGGIE

Roasted Squash &  
Root Vegetable  
Lasagne  
(E\*, MK, G/W)

Sweet Potato, Chickpea  
& Coconut Curry  
(CE, G/B, O, R, W)

Veggie Sausage with Mashed  
Potato & Gravy  
(MK, G/W)

Cheese & Tomato Pizza  
(MK, G/W)

Cheesy Calzone &  
Chips  
(MK, G/W)

## SIDES

Garlic Bread & Green  
Salad  
(MK, SO\*, G/W)

Steamed Rice & Green  
Beans

Roasted Carrots &  
Parsnips

Homemade Potato  
Wedges & Green  
Salad

Beans or Peas

S

## SPECIALS

Tomato & Basil Pasta  
(CE, G/W)

Jacket Potatoes for pre-order by 8:30am - Fillings: Cheese (MK), Beans or Tuna Mayo (E, F)

## PUD

Vanilla Shortbread  
Biscuit  
(G/W)

Homemade Chocolate  
Cookie  
(E, MK, SO\*, G/W)

Syrup Sponge with  
Custard  
(E, MK, SO\*, G/W)

Orange & Berry Cake  
(E, MK, SO\*, G/W)

Iced Vanilla Sponge  
with Custard  
(E, MK, SO\*, G/W)

Daily Salad Bar | Homemade Bread | Fresh Fruit

## DATES

12 JAN / 2 FEB / 2  
MAR / 23 MAR

## ALLERGENS

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G/R = RYE  
G/W = WHEAT

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# WEEKLY MENU

WEEK 1  
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WEEK 3



## MONDAY

**MAIN**  
BBQ Glazed Chicken Wrap (G/W)

## TUESDAY

Beef & Lentil Bolognese Pasta Bake (MK, G/B\*, W)

## WEDNESDAY

Cheese & Tomato Pinwheel (MK, G/W)

## THURSDAY

Pepperoni Pizza (CE\*, E\*, MK, MU\*, SO\*, G/W)

## FRIDAY

Battered Fish & Chips (F, G/W)

## THEME DAYS



## VEGGIE

BBQ Glazed Quorn Wrap (G/W)  
V

Mac & Cheese (MK, G/W)

Homemade Roast Vegetable & Stuffing Roll (G/W)  
V

Cheese & Tomato Pizza (MK, G/W)

Veggie Sausage Roll & Chips (MK\*, SO, G/B, W)

## SIDES

Homemade Potato Wedges with Carrots & Green Beans

Mixed Green Salad

Rustic Roast Potatoes with Roasted Carrots & Parsnips

Homemade Potato Wedges & Green Salad

Beans or Peas

S

S

## SPECIALS

Tomato & Basil Pasta (CE, G/W)

Jacket Potatoes for pre-order by 8:30am - Fillings: Cheese (MK), Beans or Tuna Mayo (E, F)

## PUD

Sprinkle Sponge Cake & Custard (E, MK, SO\*, G/W)

Fruit Jelly

Lemon Drizzle Cake (E, MK, SO\*, SU, G/W)

Chocolate Cake with Vanilla Sauce (E, MK, SO\*, G/W)

Vanilla & Raisin Shortbread Biscuit (G/W)

S

Daily Salad Bar| Homemade Bread| Fresh Fruit

## DATES

19 JAN / 9 FEB /  
9 MAR

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