

WEEKLY MENU

 WEEK 1
 WEEK 2
 WEEK 3


MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SPAGHETTI BEEF BOLOGNESE
 (G/W)

PEPPERONI PIZZA
 (MK, G/W)

ROAST GAMMON & GRAVY
MAKHANI CHICKEN CURRY
 (MK, G/W*)

FISH FINGERS & CHIPS
 (F, G/W)

VEGETABLE BOLOGNESE WITH SPAGHETTI
 (G/W)

MARGHERITA PIZZA
 (MK, G/W)

CHEESE & TOMATO PASTY
 (E, MK, G/W)

MAKHANI VEGETABLE CURRY
 (MK, G/W*)

VEGAN NUGGETS & CHIPS
 (G/W)

GARLIC BREAD & GREEN SALAD
 (MK*, SO*, G/W)

SEASONED POTATO WEDGES & BAKED BEANS
RUSTIC ROAST POTATOES & MEDLEY OF SEASONAL VEGETABLES
GREEN BEANS & CAULIFLOWER
BEANS OR PEAS

SIDES


TOMATO & BASIL PASTA
 (CE, G/W)

JACKET POTATOES FOR PRE-ORDER BY 8:30AM – FILLINGS: CHEESE (MK), BEANS OR TUNA MAYO (E, F)

SPECIALS

PUD


CHOCOLATE CAKE & CHOCOLATE SAUCE
 (E, MK, SO*, G/W)

ICED VANILLA SPONGE
 (E, MK, SO*, G/W)

HONEY & RAISIN FLAPJACK
 (G/B*, O, W*)

STRAWBERRY MOUSSE
 (MK)

CHOCOLATE CHIP COOKIE
 (E, MK, SO, G/W)

JACKET POTATO | DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT | SELECTION OF COLD DESSERT POTS

THEME DAYS



DATES

 6TH JAN / 27TH JAN / 24TH
 FEB / 17TH MAR

ALLERGENS

 CE – CELERY
 CR – CRUSTACEAN
 E – EGGS

 F – FISH
 G – GLUTEN
 G/B – BARLEY

 G/O – OATS
 G/R – RYE
 G/W – WHEAT

 L – LUPIN
 MK – MILK
 MO – MOLLUSCS

 MU – MUSTARD
 N – NUTS
 P – PEANUTS






 SO – SOYA
 SU – SULPHUR
 SE – SESAME SEEDS

 * – MAY CONTAIN
 V – VEGAN
 S – SEASONAL VEG

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 	CHILLI CON CARNE	CHICKEN & TOMATO BASIL PASTA (CE, G/W)	BEEF BURGER & HOMEMADE POTATO WEDGES (SE*, SO, SU, G/W)	CHINESE CHICKEN NOODLES (E, SO, W)	BATTERED FISH & CHIPS (F, G/W)
VEGGIE 	VEGGIE BEAN CHILLI V	MAC & CHEESE (MK, G/W)	VEGETABLE BURGER & HOMEMADE POTATO WEDGES (SE*, G/W) V	CHINESE VEGETABLE NOODLES (E, SO, W) V	SPINACH & FETA PARCEL (E, MK, G/W)
SIDES 	STEAMED RICE & SWEETCORN	GARLIC BREAD & GREEN SALAD (MK*, SO*, G/W)	BAKED BEANS OR COLESLAW (E)	STIR FRIED GREENS S	BEANS OR PEAS
SPECIALS 	TOMATO & BASIL PASTA (CE, G/W) V				
PUD 	JACKET POTATOES FOR PRE-ORDER BY 8:30AM – FILLINGS: CHEESE (MK), BEANS OR TUNA MAYO (E, F)				
	CARROT CAKE (B*, E, MK, O*, W)	LEMON DRIZZLE CAKE (E, MK, SO*, SU, G/W)	CHOCOLATE SHORTBREAD (G/W)	CHOCOLATE & ORANGE BROWNIE (E, MK, SO, G/B*, W)	FRUIT JELLY
	JACKET POTATO DAILY SALAD BAR HOMEMADE BREAD FRESH FRUIT SELECTION OF COLD DESSERT POTS				

THEME DAYS



DATES

13TH JAN / 3RD FEB / 3RD MAR / 24TH MAR

ALLERGENS

CE – CELERY F – FISH G/O – OATS L – LUPIN MU – MUSTARD SO – SOYA * – MAY CONTAIN
 CR – CRUSTACEAN G – GLUTEN G/R – RYE MK – MILK N – NUTS SU – SULPHUR V – VEGAN
 E – EGGS G/B – BARLEY G/W – WHEAT NO – NOLLUSCS P – PEANUTS SE – SESAME SEEDS S – SEASONAL VEG

WEEKLY MENU

WEEK 1
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WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



CHICKEN FAJITAS
(G/W)

BEEF LASAGNE
(E, MK, SO*, G/W)

ROAST CHICKEN &
GRAVY

MOROCCAN
MEATBALLS & RICE
(SO, SU, G/B*, O*, R*, W)

FISH FINGERS &
CHIPS
(F, G/W)

VEGGIE



VEGETABLE & BEAN
FAJITA
(CE, MU, G/B*, O*, R*,
W)
V

ROASTED
VEGETABLE
LASAGNE
(E*, MK, G/W)

CHEESE WHIRLS
(MK, W)

ROASTED QUORN &
VEGETABLES WITH
TOMATO SAUCE & RICE
(CE, E)

VEGGIE SAUSAGE
ROLL & CHIPS
(MK*, SO, G/B, W)

SIDES



RICE & SWEETCORN

GARLIC BREAD &
GREEN SALAD
(MK*, SO*, G/W)

RUSTIC ROAST
POTATOES & SEASONAL
VEGETABLES
S

SEASONAL
VEGETABLES
S

BEANS OR
PEAS

SPECIALS



TOMATO & BASIL PASTA
(CE, G/W) V

JACKET POTATOES FOR PRE-ORDER BY 8:30AM – FILLINGS: CHEESE (MK), BEANS OR TUNA MAYO (E, F)

PUD



CARAMEL APPLE
CRUMBLE & CUSTARD
(MK, G/W)

RICE KRISPIE CAKE
(E, MK, SO, G/B, W)

VANILLA
SHORTBREAD
BISCUIT
(G/W)

JAM SPONGE &
CUSTARD
(E, MK, SO*, W)

ICE CREAM
(MK)

JACKET POTATO | DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT | SELECTION OF COLD DESSERT POTS

DATES

ALLERGENS

20TH JAN / 10TH FEB / 10TH
MAR / 31ST MAR

CE – CELERY
CR – CRUSTACEAN
E – EGGS

F – FISH
G – GLUTEN
G/B – BARLEY

G/O – OATS
G/R – RYE
G/W – WHEAT

L – LUPIN
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