

# [WEEKLY MENU]



Week 1

Week Commencing: Mon 2nd Sept - Mon 23rd Sept - Mon 14th Oct - Mon 11th Nov - Mon 2nd Dec



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Mac & Cheese (G, MK)	Beef Burger & Homemade Potato Wedges (G, SE*, SO, SU)	Roast Turkey & Gravy	Meatball Pasta Bake (E, G, MK, SO)	Fish Fingers & Chips (F, G)
Vegetarian Dish of the Day	Tomato & Basil Pasta (G, MK)	Vegetable Bean Burger & Homemade Potato Wedges (G, SE*)	Vegetable Parcel (CE, G)	Vegetarian Cheese Whirls (G, MK)	Vegan Nuggets & Chips (G)
Vegetable Choice	Sweetcorn & Peas	Baked Beans or Coleslaw (E, MU)	Rustic Roast Potatoes & Medley of Seasonal Vegetables	Garlic Bread & Green Salad (G, MK*, SO*)	Beans or Peas
Dessert of the Day	Syrup Sponge with Custard (E, G, MK)	Iced Vanilla Sponge (E, G, MK)	Fruit Jelly	Vanilla Shortbread Biscuit (G)	Ice Cream (MK)
Jacket Potato Bar	Tomato Pasta (CE, G) FOR PRE-ORDER BY MONDAY MORNING 8:30 AM - FILLINGS: CHEESE (MK), BEANS OR TUNA MAYO (F, G, E, MU)				
Cold Selection	Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt				

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds \* = May Contain

Ridgeway Primary School - KS1



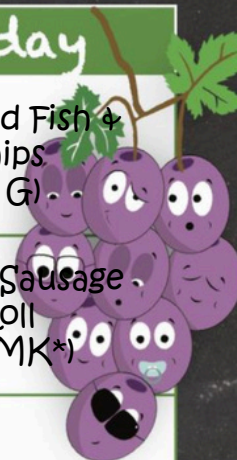
# [WEEKLY MENU]



Week 2

Week Commencing: Mon 9th Sept - Mon 30th Sept - Mon 28th Oct - Mon 18th Nov - Mon 9th Dec

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Savoury Beef Mince (CE)	Pepperoni Pizza (G, MK)	Roast Gammon & Gravy	Butter Chicken Curry & Rice (CE, G*)	Battered Fish & Chips (F, G)
Vegetarian Dish of the Day	Winter Vegetable Stew (CE)	Margherita Pizza (G, MK)	Winter Vegetable Quiche & Nut Free Pesto (E, G, MK)	Chinese Vegetable Stir Fry Noodles (CE, E, G, MU*, SO)	Veggie Sausage Roll (G, MK*)
Vegetable Choice	Rice, Carrots & Cabbage	Seasoned Potato Wedges & Baked Beans	Rustic Roast Potatoes & Seasonal Vegetables	Green Beans & Cauliflower	Beans or Peas
Dessert of the Day	Classic Jam Sponge & Custard (E, G, MK, SO*, SU)	Toffee Pear Crumble (G, MK)	Fruit Jelly	Apple Pie & Custard (G, MK)	Chocolate Banana Cake with Chocolate Sauce (E, G, MK)
Jacket Potato Bar	Tomato Pasta (CE, G) FOR PRE-ORDER BY MONDAY MORNING 8:30 AM - FILLINGS: CHEESE (MK), BEANS OR TUNA MAYO (F, G, E, MU)				
Cold Selection	Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt				



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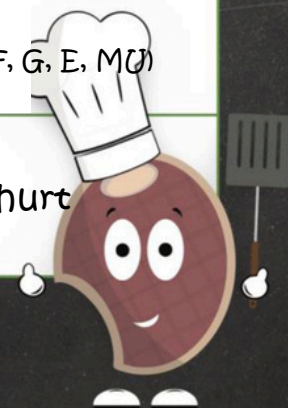


Week 3

Week Commencing: Mon 16th Sept - Mon 7th Oct - Mon 4th Nov - Mon 25th Nov - Mon 16th Dec



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Butchers Sausage & New Potatoes with Gravy (G, SO, SU)	Shepherds Pie (CE, MK)	Roast Chicken & Gravy	Spaghetti Beef Bolognese (G)	Fish Fingers & Chips (F, G)
Vegetarian Dish of the Day	Veggie Sausage & New Potatoes with Gravy (G)	Roasted Vegetable Cottage Pie	Roasted Vegetable Filo Parcel & Homemade Tomato Sauce (CE, G)	Vegetable Bolognese with Spaghetti (CE, G)	Cheesy Calzone & Chips (G, MK)
Vegetable Choice	Peas & Broccoli	Rice & Peas & Seasonal Vegetables	Rustic Roast Potatoes & Seasonal Vegetables	Garlic Bread & Green Salad (G, MK*, SO*)	Beans or Peas
Dessert of the Day	Carrot Cake (E, G, MK)	Apple Crumble & Custard (G, MK)	Fruit Jelly	Lemon Drizzle Cake (E, G, MK, SU)	White Chocolate Chip Cookie (E, G, MK, SO)
Jacket Potato Bar	Tomato Pasta (CE, G) FOR PRE-ORDER BY MONDAY MORNING 8:30 AM - FILLINGS: CHEESE (MK), BEANS OR TUNA MAYO (F, G, E, MU)				
Cold Selection	Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt				



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